

## LIST OF ADMISSIBLE FRUITS AND VEGETABLES FROM PANAMA

A. The following items are admissible from Panama into the entire United States (includes Continental United States, Guam, Alaska, Hawaii, Puerto Rico, and the Virgin Islands) without a USDA import permit.

Cannonball fruit  
Coconut (without husk or without "milk")  
Cyperus corm  
Lily bulb, edible  
Macadamia kernels (no husk or shell)  
Maguey  
Mushroom (fresh)  
Peanut (raw) (Prohibited from China, Cote d' Ivoire, India, Indonesia, Japan, Philippines, Senegal, Thailand, and Upper Volta)  
St. Johnsbread  
Tamarind bean pod  
Truffle (fresh)  
Waterchestnut  
Waternut

In addition to the above items, other food materials including such items as dried beans and peas, dried seeds, dried bamboo leaves, dried herbs, and similar commodities are admissible for food purposes and may be imported without permit from all sources into any port subject to inspection on arrival. Dried nuts without fleshy or leathery husk (except acorns, chestnuts, coconuts and macadamia nuts) are enterable for food purposes without permit at all ports, subject to inspection.

B. The following items are admissible from Panama with a USDA import permit issued in advance of the shipment. Permits are issued only to U.S. importers.

1. Admissible into the entire United States (includes Continental United States, Guam, Alaska, Hawaii, Puerto Rico, and the U.S. Virgin Islands):

Acrocomia	Cilantro
<u>Allium</u> spp.	Corn, green
Arrowroot	Cucurbit (commercial shipments only) <sup>1</sup>
Asparagus	Dasheen
Ayale	Durian
Banana (fruit, leaf) (no permit)	Eggplant (fruit)
Basil (above ground parts)	Fenugreek (leaf, stem)
Bean, garden and lima (pod) T101k <sup>2</sup>	Ginger root
Bean, garden and lima (shelled)	Lettuce
Beet	Lime, sour
Blackberry (fruit)	Mint (above ground parts)
Black palm nut	Okra (pod)
<u>Brassica oleracea</u>	Oregano (above ground parts)
Carrot	Palm heart
Cassava	Pea (pod or shelled)
Celery	Pineapple (prohibited into Hawaii)
Chervil (above ground parts)	Raspberry (fruit)
Chestnut (treatment required see 319.56-2b)	Roselle (calyx)
	Rosemary (above ground parts)

**PANAMA**

**Rutabaga  
Salsify  
Spinach  
Strawberry  
Swiss chard  
Tarragon (above ground parts)  
Thyme**

**Thyme, lemon (leaf, stem)  
Tomato (green only, commercial shipments only)  
Turnip  
Watercress  
Yam, T101(f<sup>3</sup>)**

2. Admissible into North Atlantic ports - (Atlantic ports north of and including Baltimore; ports on the Great Lakes and the St. Lawrence Seaway; Canadian border ports east of and including North Dakota; Washington, DC (including Dulles) for air shipments):

**Artichoke, globe (immature flower head)  
Artichoke, Jerusalem  
Cacao bean pod  
Cucurbit<sup>1</sup>  
Ethrog (treatment required see 319.56-2d)**

**Grapefruit<sup>2</sup>, T107(b)  
Lemon (smooth skinned, of commerce)  
Orange, sweet<sup>2</sup>, T107(b)  
Pigeon pea (pod or shelled)  
Sorrel  
Tangerine<sup>2</sup>, T107(b)**

3. Admissible into South Atlantic Gulf ports - (Atlantic ports south of Baltimore; Gulf ports, Puerto Rico, and the U.S. Virgin Islands):

**Artichoke, Jerusalem**

**Chayote**

4. Admissible into North Pacific ports - (North Pacific ports do not include California):

**Artichoke, Jerusalem**

**Cucurbit<sup>1</sup>**

**FROZEN FRUITS AND VEGETABLES: Freezing is an acceptable treatment for most fruits and vegetables. The treatment involves an initial quickfreezing at subzero temperatures with subsequent storage and handling at no higher than 20° F at time of arrival.**

<sup>1</sup> Ivy gourd (*Coccinia grandis*) is prohibited into Hawaii.

<sup>2</sup> Fruits receiving cold treatment may enter at these additional ports: Atlanta Airport, GA; Gulfport, MS; Seattle, WA; and Wilmington, NC.